

July 2009 – Loveland Herald

## Nutrition Services at TSD

The Thompson School District participates in the National School Lunch Program and the National School Breakfast Program. By serving meals that meet the federal guidelines, the Nutrition Services department is self-supporting through a combination of federal reimbursements and revenue from meal sales. Thus, students are able to eat nutritious meals without taking money away from instruction and other needs.

Lunches that meet national program guidelines are available in every school. To reduce food waste, the district allows students to select their own food items as much as possible. A la carte food selections are offered in the middle and high schools.

Breakfasts that meet national program guidelines are available in the following elementary schools: R. F. Kitchin, Berthoud, Big Thompson, Carrie Martin, Cottonwood Plains, Coyote Ridge, Garfield, Ivy Stockwell, Laurene Elmwood, Lincoln, May Bloss, Monroe, Na-naqua, Sarah Miller, Sunberry, Truscott, Van Buren and Winona. Breakfast is also served at

Bill Reed, Conrad Boll, Walt Clark and Lucile Erwin middle schools along with Mountain View, Thompson Valley, Loveland and Berthoud high schools.

The Nutrition Services department welcomes comments and input regarding menus. The department can be reached by calling 613-5148 or 613-5147. The district also encourages parents and visitors to join students and staff members for breakfast or lunch any day. Contact the school in advance to reserve a ticket.

### ELIGIBILITY GUIDELINES FOR MEAL BENEFITS

Students from households that meet federal income guidelines are eligible for free or reduced-price meals. Applications will be distributed to all homes either by mail, at registra-

### 2009-2010 SCHOOL LUNCH PRICES

Students		Adults	
Elementary	\$2.25	Lunch without Milk	\$3.30
Secondary	\$2.50	Lunch with Milk	\$4.60
Reduced Price	\$ .40		
A la Carte Items	Varies		

### 2009-2010 SCHOOL BREAKFAST PRICES

Students		Adults	
Elementary	\$1.25	Breakfast without Milk	\$1.95
Secondary	\$1.50	Breakfast with Milk	\$2.45
Reduced Price	Free		

tion, or during the first week of school. Applications are available during the school year at all school sites. The information provided on the application is confidential and will be used only for the purpose of determining if a student is eligible for free or reduced-price meals.

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EDUSS Learning will be providing free diagnostic Math Assessments to all elementary and middle school students attending our Back to School Expo. Please stop by the EDUSS pavilion and take advantage of this free no-strings attached offer!

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Also take advantage of the free seminar @ 11:15am that will cover, "How To Identify Students' Learning Gaps in Math & How These Can Be Remediated." This will ensure your child begins the school year at grade level & does not fall behind in math.

Can't make it! For those parents that can't make the EXPO, EDUSS will provide an online seminar that would qualify for the same FREE diagnostic assessment. Call (800) 993-3877 to book.

BACK TO SCHOOL/Reporter-Herald TUESDAY, JULY 21, 2009 21